



AyurvedaGramTM
The Heart of Healing

THE EARLY BIRD OFFER

Bangalore has perhaps the best climate in India. Winters are gentle, summers pleasant. Arguably of all Indian metros, Bangalore wins hands down as a place to spend the summer in. People believe April, May and June are hot months in India. This is not true at all for Bangalore!

Magical, gentle Ayurvedagram, 2 to 3 degrees lower in temperature than Bangalore city, remains beautiful, serene and softly green through these months.

In April Ayurvedagram is lovely. You wake to bird calls and walk to breakfast amid clouds of butterflies; at night even fans make the air too chill.

May and June are comfortable months, though fans (sometimes air conditioners) are required. Sunlight and shadow dapple the green acres of Ayurvedagram and sitting under our guardian trees, reading or just meditating, soothes the soul.

CONTACT

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BOOKINGS OF AT LEAST 14 NIGHTS FOR APRIL, MAY AND JUNE MADE:

MORE THAN 3 MONTHS
BEFORE ARRIVAL

GETS YOU
3 NIGHTS
FREE

YOU STAY 14 NIGHTS
BUT PAY FOR ONLY
11 NIGHTS

ATLEAST 2 MONTHS
BEFORE ARRIVAL

GETS YOU
2 NIGHTS
FREE

YOU STAY 14 NIGHTS
BUT PAY FOR ONLY
12 NIGHTS

LESS THAN 2 MONTHS
BEFORE ARRIVAL

GETS YOU
1 NIGHT
FREE

YOU STAY 14 NIGHTS
BUT PAY FOR ONLY
13 NIGHTS

COSTS INCLUDE: doctors' consults, a yoga acharya consult, prescribed medicines on campus, 2 treatments a day per person, group sessions of yoga, meditation, pranayama, 3 meals in the restaurant, low bandwidth wi fi, accommodation, two way airport transfers. The only extras will be, transport for personal use, laundry and any optional extras (e.g. one on one yoga sessions, dedicated data card, discharge medicines, laboratory etc) you may choose. This offer can't be clubbed with any other temporary or permanent offer.



HURRY ! THE 90-DAY CLOCK IS TICKING!!!!

Come spend the summer of 2021 with us

At **AyurvedaGram**[™]
The Heart of Healing



**THE
ENERGY
CIRCLE**

For every 10 nights stay at Ayurvedagram, you are entitled to receive one free Guest-night! Since most packages span 14 nights on average, this free night can either be claimed by you during your stay or, if your stay is for 10 nights, it would be banked with us for your use in the future.

Don't miss this opportunity!!!

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About AyurvedaGram Heritage Wellness Centre:

AyurvedaGram Heritage Wellness Centre Pvt. Ltd. is one of the most awarded ayurveda centre is recognised as the best amongst wellness centres in India. AyurvedaGram offers a blissful experience of a magnificent heritage resort, with exclusive ancestral buildings, mansion & palace, which is as old as 150 - 170 years.

A KAL Subsidiary, it is a pioneer in wellness industry with a focus on an integrated approach to establish the efficacy of authentic Ayurveda through modern medicine validation techniques. Spread over 12 acres of pristine natural settings and accommodations that are traditional dwellings that once dotted the landscape of Kerala, AyurvedaGram is the preferred destination for persons from different parts of the globe suffering from various pathologies ranging from congenital disorders, auto-immune diseases, lifestyle illnesses, anomalies of the mind as well as those seeking preventive health care and provide authentic Kerala style of treatments, within a heritage resort ambience.

Take a short break from the daily rigors of life and come to us and rejuvenate and join us in experiencing the magical space that Ayurvedagram has always been.