

SUNDARA VADANA

A NOURISHING FACIAL FOR STRESSED SKIN

Enter the room fragrant with incense and soft lights and gentle music playing in the background. You are here to let magical hands pamper your face down to your shoulders with exotic Ayurveda herbs.



Sundara Vadana facial is a specially created package just for you. Called so to mean Beautiful Face, it is an enchanting experience as your face is massaged and every muscle relaxes and pores open. You will find the skin cleansed of all the ill effects of the sun and dust and pollution that we are exposed to.

Fragrant Rose Water is first used to cleanse your face and calms your skin while you relax on your back. Enjoy the experience as carrot seed oil, an antioxidant with an earthy aroma which is very rejuvenating and calming.

Once your skin soaks in the goodness of carrot seed, the dead skin on the face is removed with a mixture of oatmeal and honey rubbed into your skin gently. We will then use a face pack of egg white * and honey which tightens your pores giving you youthful skin smooth as a baby's skin.





Coconut water which hydrates your skin and is antiseptic will calm the skin down before you experience a face pack of an Exotic mixture of Njavara rice, almond paste and coconut milk. Did you know that Njavara Rice which is grown in Kerala is said to be equivalent to gold in Ayurveda as this medicinal rice is used in several therapies. So here too you will feel the goodness as it is gently massaged into your face and neck and left for 20 minutes to remove all the impurities wherein.


You can feel goodness enveloping you as you lie down feeling calm and relaxed from within. The pack is removed and cleansed once again before a face cream is applied to reveal a new and nourished you.

When you walk out of the room you are sure to feel young and refreshed and your skin supple and oh so touchable!

TIME: **1 Hour & 15 min** | COST: **INR 2,350**



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The Heart of Healing

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