Ay Grveda Gram

The Heart of Healing

DE-TAN SCRUB TAMING THE SUN

Worry not, we have chosen the best of ingredients from nature that are pure de-tanning and polishing with a promise of purity. Inspired from authentic Ayurveda, this therapeutic experience commences with a deep exfoliating scrub followed by a nourishing full body de-tan. We use our signature blend of time honored ingredients such as sandalwood, green gram and potato juice which are known to provide optimal hydration, leaving the skin toned, glowing and silky soft.

STEP 1

Cleansing the body with lukewarm Nalpamaradi Kashayam

Duration: 10 minutes

STEP 2

Tulsi steam

Duration: 10 minutes

STEP 3

Scrub with Oat meal + dry orange peel powder mixed with cucumber juice + potato juice + tomato juice

Duration: 20 minutes

STEP 4

Wiping with lukewarm Nalpamaradi Kashayam

Duration: 5 minutes

STEP 5

Pack with Sandal wood paste + greengram in warm milk + honey + potato juice

Duration: 20 minutes

STEP 6

Final wash and rinsing with rose water

Duration: 10 minutes

Cost: Rs. 2800/- | Total Duration: 75 minutes

No. of Therapists - 2